Shri. HariharPratishtan's

GovindlalKanhaiyalal Joshi (Night) Commerce College, Latur

Report on International Yoga Day Celebration (2024-25)

Date- 21 June 2024

On the occasion of International Yoga Day and as per the circular of NSS Unit, Swami RamanandTeerthMarathad University Nanded, NSS unit of the College arranged Yoga Session for college staff and students. As per the suggestion given by Hon. Principal Dr.Sujata N. Chavan , Renowned yoga trainer Shri. Amol Thakur was invited on this occasion.

The session was scheduled on 4pm. NSS Programme officer Dr.Sachin Prayag gave brief introduction about the resource person. Shri.Amol Thakur also deliver his informative lecture about importance of Yoga before practical session. He demonstrated various yogasana along with is practice procedure and benefits.



श्री हरिहर प्रतिष्ठान संचलित



गोविंदलाल कन्हैयालाल जोशी (रात्रीचे) वाणिज्य महाविद्यालय, लातूर

सूचना

दि. 20.06.2024

महाविद्यालयातील प्राध्यापक व प्रशासकीय कर्मचारी यांना सुचित करण्यात येते की दिनांक 21.06.2024 वार शुक्रवार रोजी आंतरराष्ट्रीय योग दिनानिमीत्त महाविद्यालयात सायं. 04:30 वा. योग शिबीराचे आयोजन करण्यात आले आहे.

तरी सर्व संबंधीतांनी याची नोंद घ्यावी व वेळेवर उपस्थित रहावे.

I/c.Principal Govindlal Kanhaiyalal Josni (Night)Commerce College.Latur





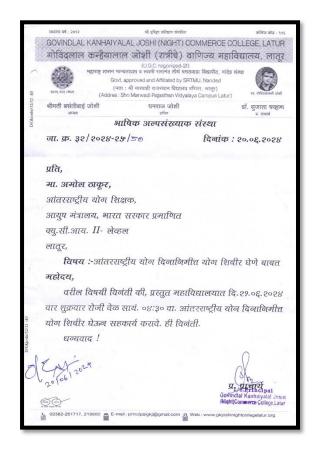


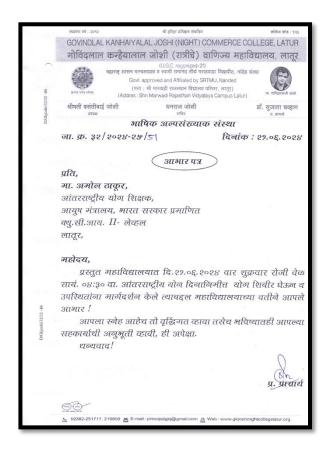












All together 10 staff members and students have participated in this Yoga camp. Yoga Trainer Shri. Amol Thakur sir gave detail information about importance of yoga and its benefits. Resource person Shri. Amol Thakur is certified by Ayush Minsity, Government of India as QCI Level-II Yoga Instructor. At the end of the session, Principal Dr. Sujata Chavan felicitated Shri. Amol Thakur and Dr. Vidyadevi Kamble (Head, Department of Language) proposed vote of thanks.

Dr. Sachin M. Prayag

NSS Programme Officer

राष्ट्रीय सेवा योजना

गोविंदताल कन्हैयालाल जोशी (रात्रीचे)बाणिज्य महाविद्यालय,सान्ह LATUR SONO

Dr. Sujata N. Chavan

I/c Principle

I/c.Principal

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